

Sensible Sleep Strategies

With Torri Smith Tejral MS, BCBA, LIMHP



February 7th, 2018

This webinar will be offered two times on the dates scheduled

Join us at 3:00 – 3:45pm CST/2:00 – 2:45pm MT or 4:30pm – 5:15pm CST/3:30 – 4:15pm MT

Description: This training will focus on evidenced based interventions to address difficulties that lead to bedtime battles. The session will cover the behaviors that prevent everyone from getting a good night's sleep. Strategies to improve bedtime routines, falling asleep and staying in bed will be discussed along with how to implement reinforcement effectively.

Who should attend: Administrators, general education teachers, specialist teachers, family members, paraprofessionals, special education professionals, and related service providers

Registration:

<https://www.surveymonkey.com/r/9758FW3>



**Torri Smith Tejral
MS, BCBA, LIMHP**

Torri Smith Tejral is a Licensed Independent Mental Health Practitioner as well as a Board Certified Behavior Analyst. Torri has a passion for working with children

on the Autism Spectrum and advocating for evidenced based practice. Over the course of her career, she has provided outpatient mental health services, intensive home based therapy services and center based therapy for children with an Autism Spectrum Disorder. As part of the Leadership Education in Neurodevelopmental Disabilities (LEND) grant at MMI, Torri focuses on training and supervision of professionals seeking their BCBA certification. Torri also provides home-based intensive therapy services at Childhood Autism Services in Papillion.

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