Girls with ASD: Books & Resources

Compiled by: Emily Daniels, Anna Kopatich, Kendal Nolan, Susan Hepburn

For Younger Kids

Why Does Izzy Cover Her Ears by Jennifer Veenendall
The Girl Who Thought in Pictures by Julia Finley Mosca
We're Amazing 1,2,3 (Sesame Street) by Leslie Kimmelman

For Older Kids

All Cats Have Asperger Syndrome by Kathy Hoopman

Different Like Me: My Book of Autism Heroes by Jennifer Elder

How to be Human: Diary of an Autistic Girl by Florida Frenz

Rain Reign by Ann M. Martin

Anything but Typical by Nora Raleigh Baskin

Mockingbird by Kathryn Erskine

For Teens

Odd Girl Out by Laura James

The Reason I Jump by Naoki Higashida

Same but Different: Teen Life on the Autism Express by Holly Robison Peete and Ryan Elizabeth Peete

The Asperkid's (Secret) Book of Social Rules: The Handbook of Not-so-Obvious Social Guidelines for Tweens and Teens with Asperger Syndrome by Jennifer Cook O'Toole

For Young Adults

Aquamarine Blue 5: Personal Stories Of College Students With Autism by Dawn Prince-Hughes
Autistics' Guide to Dating: A Book By Autistics, For Autistics and Those Who Love Them or
Who Are in Love with Them by Emilia Murray Ramey and Jody John Ramey
Asperger's on the Job: Must-Have Advice for People with Asperger's or High Functioning
Autism and their Employers, Educators, and Advocates by Rudy SimoneLiving
Independently on the Autism Spectrum: What You Need to Know to Move into a Place of Your
Own, Succeed at Work, Start a Relationship, Stay Safe, and Enjoy Life as an Adult on
the Autism Spectrum by Lynne Soraya

For Adults

Spectrum Women: Walking to the Beat of Autism edited by Barb Cook and Michelle Garnette

Camouflauge: The Hidden Lives of Autistic Women by Sarah Bargiela

For Parents & Educators

Girls Growing Up on the Autism Spectrum: What Parents and Professionals Should Know About the Pre-teen and Teenage Years by Shana Nichols

Adolescents on the Autism Spectrum: A Parent's Guide to the Cognitive, Social, Physical, and
Transition Needs of Teenagers with Autism Spectrum Disorders, by Chantal Sicile-Kira
Aspergirls by Rudy Simone

The Source Book of Nonverbal Learning Disorders by Sue Thompson.