You Have to Build the Plane as You Fly It!: Core Components of an Evidence Based Behavior Support Program

Part Three:
The Structured Classroom

Behavior Support

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You are NOT Alone!!! We've Got This!!!

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Introduction

The structure of the physical school and classroom environment contributes to effective educational programming and support for students with behavior disabilities.

A thoughtfully structured physical environment is also beneficial for other students. A safe, orderly, calm, flexible and efficient classroom environment makes instruction and learning more effective.

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Environmental Modifications

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Carrie's Classroom

Desk Clusters with individual storage areas and supply caddies for each student.

Check-In & Check-Out slips on the storage areas for easy access

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Carrie's Classroom

Separate areas in my room for Social Skills instruction - using stadium seats and lowered tables.

Small group work space for games, one-one-ones, or art projects

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Carrie's Classroom

Use of a gym mat to section off kids or reduce distractions!

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Carrie's Classroom

Reduced lighting and cozy area for kids to "escape." Great area for independent work, reading, drawing, or taking a test.

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Carrie's Classroom

Well-defined areas in the room for checking-out and end-of-the-day rewards!
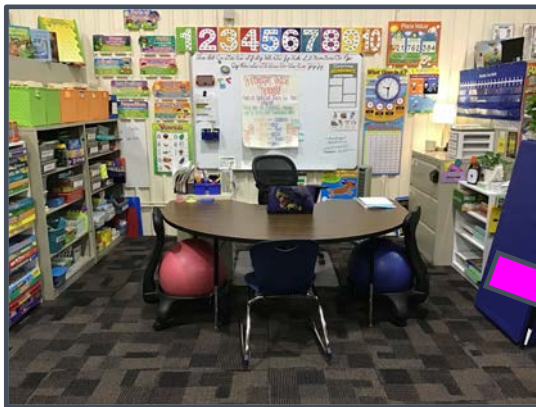

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Carrie's Classroom

Special area reserved for social skills books that kids can retrieve easily!

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Carrie's Classroom

Each grade level is sectioned off in my classroom. The staff move, not the students.

The students keep their materials on shelves by the table. This way, desks don't get messy and they don't have to return to desks to find items.

Carrie's Classroom

I use a doorbell for transitions in the classroom. Everyone hears it at the same time.

I section off kids on the lowest level or in the Safe rooms by using a shower curtain rod and a shower curtain

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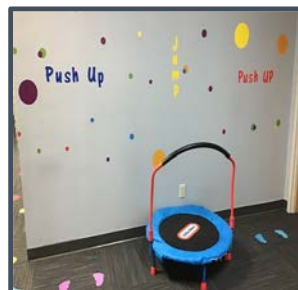13

Steph & Kristen's Classroom

Designated break area, calm down spot, sensory area.

SENSORY PATH
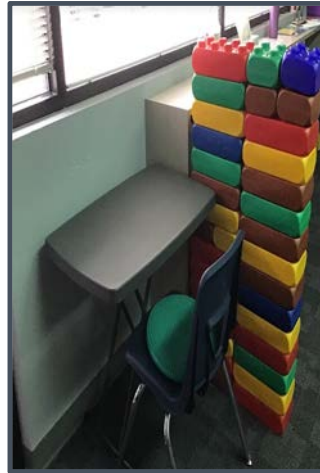Can be used in hallways, joined spaces, common areas and classroom space

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Steph & Kristen's Classroom

Flexible seating during morning meeting and rug times. Provides a defined space for students who struggle staying in their spot.

Portable Desks: Materials - crates, whiteboards, screws Used for flexible instructional spaces.

Large legos or blocks can create space barriers, walls, inclosed work spaces as needed.

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Steph & Kristen's Classroom

Velcro Carpet Spots - we use these everywhere! They are easy to move around as needed. They are the visual the students use for lining up and sitting on the group rug. We also use them on our sensory path or as a designated area for students to stand or sit.

Fluorescent Light Overlays - Game Changers! Blue overlays dim the brightness of fluorescent lighting in classrooms

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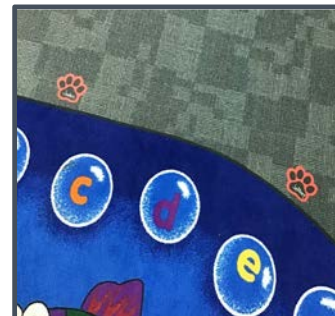
Sallye's Classroom

Calm down spot- gym mat between 2 file cabinets. Last section of mat can be closed for a smaller, quieter space

Break area in a corner of classroom with large sand timer for students to help self-monitor

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Sallye's Classroom

Low table- floor seating with pillows as an alternate work/play space

Separate area- mainly used as an individualized writing area, but can also be used when a student wants/needs a place away from others

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Sallye's Classroom

Liquid timers, visual timers, sensory items easy to access

Numbered Work boxes- easily accessible to students, used for independent work tasks

Privacy barriers- 2 white boards slid into a notched 2x4 piece of wood. Teacher can still see what each student is doing.

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Kelli's Cassroom

Secondary classroom

Students use their file drawer as a "locker" for their personal belongings.

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Kelli's Classroom

Student data wall
Students record their own data each day. This wall documents privileges and consequences based on their data. Students refer to this wall as part of their check in and check out procedures.

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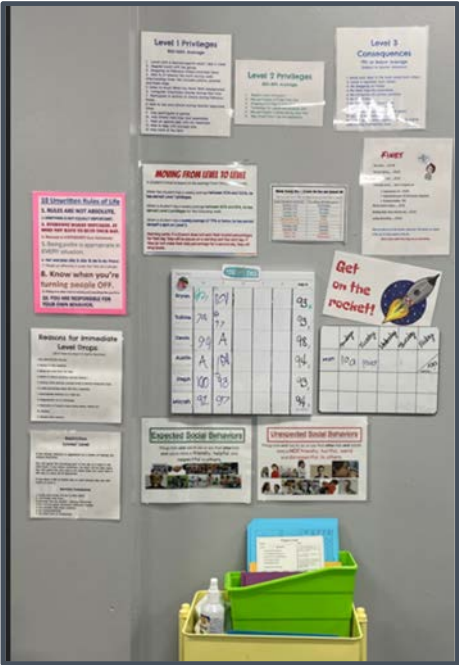
Kelli's Classroom

Supplies that students can access when needed. Anything on these shelves are available to all students.
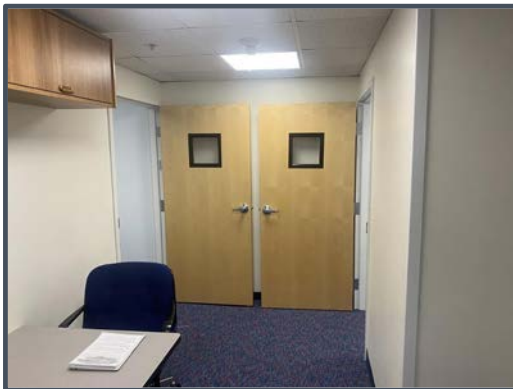

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Ashley's Classroom

Individual learning spaces: scaffolded as students progress through the program

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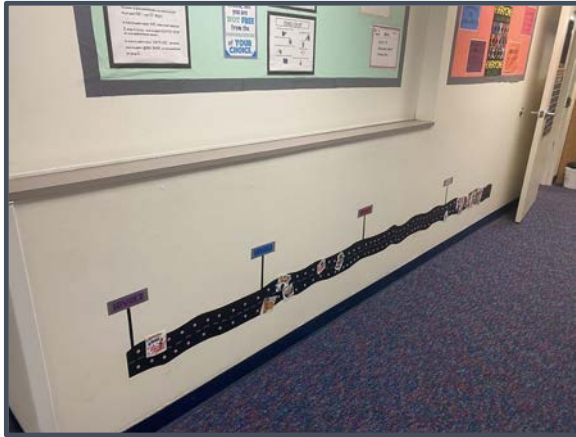## Ashley's Classroom

Office and Safe room: used for tiered restriction and cool down spaces

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Ashley's Classroom

Visual road and program transition

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Ashley's Classroom

Sensory space (currently a hot mess & in use) and flexible seating options

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Anne's Classroom

Instructional Space

Everything students might need …

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Anne's Classroom

Portion of the classroom sectioned off with book shelves. This area is used for small group work, centers, and breaks.

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Anne's Classroom

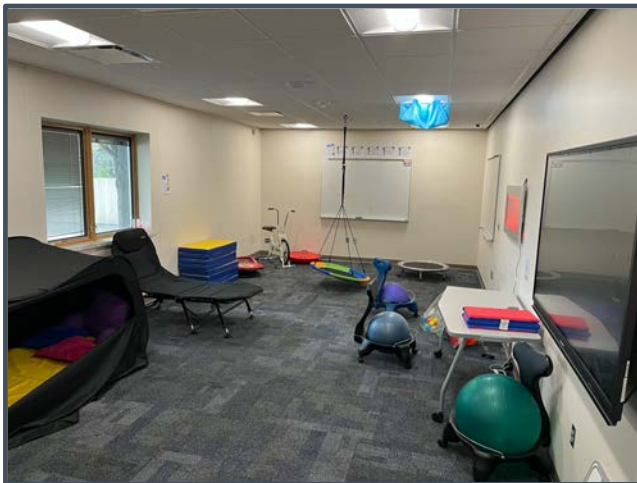

Desk lowered to provide floor seating

Large individual white board, chair that rolls and spins; storage below

Standing Desk With Foot Swing

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Anne's Classroom

Wholeness Room:

Area for breaks, to meet sensory needs and do small group lessons. Students also frequently do their occupational, physical, and mental health therapy in this room.

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Anne's Classroom

📌

**Dignity Room
AKA: Room of
Requirement**
Used as a quiet place to work or talk. Rolling desk, rug, curtain and pictures make it inviting. Designed for safety purposes. Has concrete floor, easily cleaned walls, light switch and outlets outside of room, and a safely lock.

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Ali

Bus

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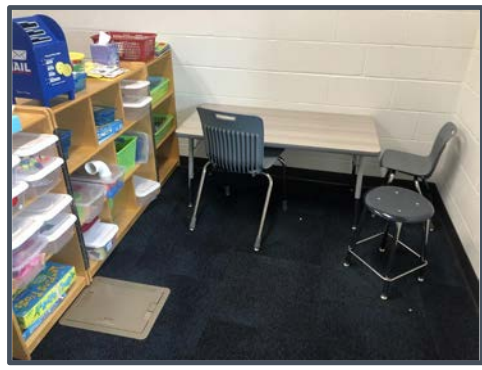
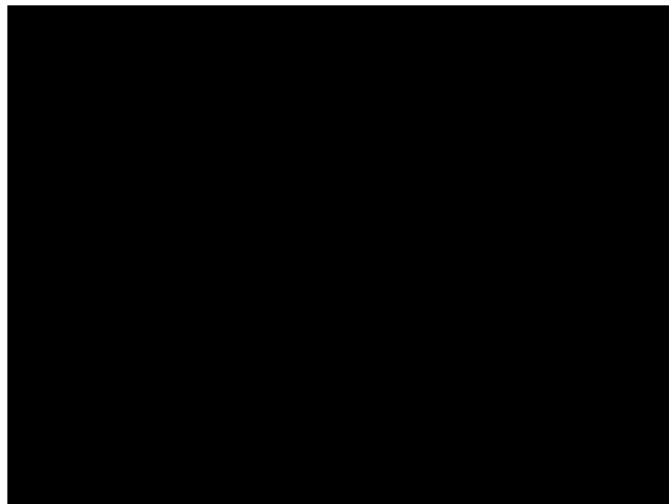16

Ali

Ali

Ali

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Ali

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Ali
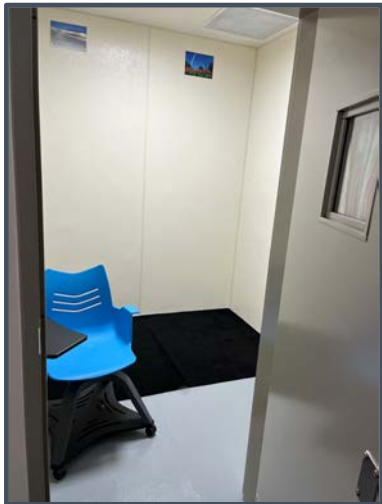
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Ali's Pictures


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Structured Routines & Schedules

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❏ Provides a regular schedule and point by point map to follow
❏ Provides students with predictability, decreasing anxiety, frustration, and worry
❏ Helps with oppositional and defiant students
❏ Increases work production, compliance, and engagement
❏ Improves academic performance
❏ Improves focus and attention
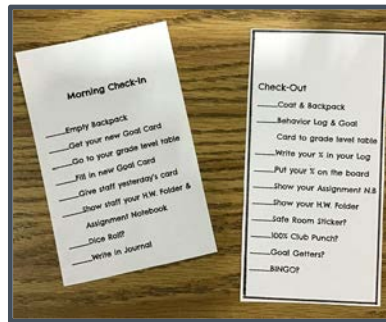❏ Teaches students how to manage time and resources
❏ Improves organization

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Carrie's Structured Routines
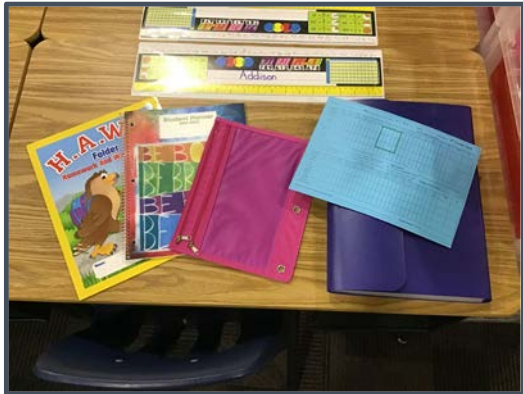
The students keep their "Fabulous 5" items in the corner of their desk. These are items they need EVERYDAY during class: **Homework Folder, Assignment Notebook, Goal Card, Pencil Pack & Accordion File**
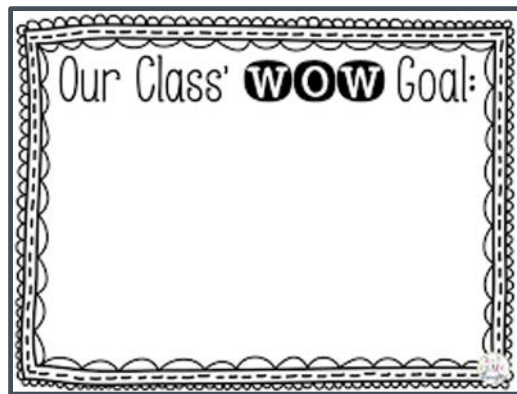
Students use check-in & check-out slips everyday - no exceptions!

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Carrie's Structured Routines

Informal Line
Hands at Sides
Quiet Chat

Formal Line
Hands Behind Back
No Talking

We have specific ways to walk in a line!
These are posted at our door.

Our Class' WOW Goal:

Every Monday, we set a W.O.W. (Within One Week) Goal.
If I forget, they remind me!

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Carrie's Structured Routines

We even have a routine for when kids earn time back into the general education classroom! They move their picture into the next club. We shoot a video of them moving their picture and make it a formal ceremony! It's part of our weekly Marvelous Monday schedule during Social Skills.

I read to the students every day. I allow them to keep their hands busy during that time, but I'm very specific about what they can do!

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Carrie's Structured Safe Room Routines

After a student has regained their composure in the Safe Room, he or she must sit with staff to fill out paperwork regarding the incident. We call this a "Hassle Log." In other words, if I have to fill out paperwork (as the teacher), they must do the same - and it's kind of a hassle!

When a student is becoming dangerous within the classroom, we have a plan for how other students respond. It's called a "Code Charlie," and it is practiced just like a fire or tornado drill.

When a student uses the Safe Room, there are specific rules for entering, remaining in, and exiting the room.

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Steph & Kristen's Daily Routines 📌

Set a space for Checking Out
include visuals, reinforcements, reminders. The more visuals the better!
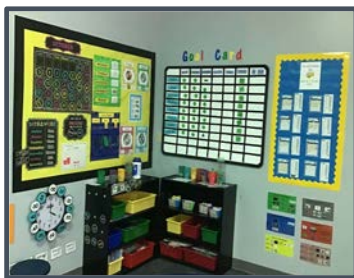
Daily Schedule
in a place where all students can see.
Weekly jobs posted and easy to change.

These are both on the side of a file cabinet with magnets.

Check In Routines:
Goal Getters:
Daily reflection and classroom incentive plan using targeted behaviors.

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Steph & Kristen's Instructional Routines 📌

Instructional Scheduling and Learning Targets:

Core instructional times need to be structured and predictable. Set instruction time paired with a set independent work time has worked well for us. We use this learning target board to write the focus each student/group will have that day/week. This is helpful with para support and specialists who may come in to work with individuals/groups. Instructional times are short and effective

READING AND MATH BLOCK								
	Phoenix	Ryan	Tallie	Aidan	Franco	Hunter	Jeffrey	Jaden
10:40-10:55	SK Read	KM Math	IR Mon Speech	SS Math	SS Math	IM Tues Speech	IM	KM Math
10:55-11:10	IR Th Speech	IM	SK Read	IM Mon Speech	IM Tues Speech	KM Math	SS Math	IM Friday Speech
11:10-11:25	IM Tues Speech	SS Read	IM Tues Speech	IR Friday Speech	IR Mon Speech	SK Read	KM Read	SS Read
11:25:-11:40	KM Math	IR Mon & Thu Speech	SS Math	SK Read	SK Read	IR Friday Speech	IR	IR Tuesday Speech

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Steph & Kristen's Instructional Routines

Organization of Independent work
- Task boxes - photo boxes with lessons created (can find on TpT)
- Cloth zipper pouches - can sew and use to store independent tasks
- Buckets labeled with individual student work for independent work time

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Steph & Kristen's Instructional Routines

Independent Work Time

- Does not happen overnight
- Tasks should be at student's independent level or lower
- Rotate throughout the week different tasks (iPad games, hands on activities, written tasks)
- Tasks are for short periods of time
- Use of reinforcements when expected behaviors are observed
- Students spaced out as needed

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Steph & Kristen's Instructional Routines 📌

Instructional time with teacher or para.
Separate space for each group. May need to get creative with hallway space, portable desks, table space, carpet areas.
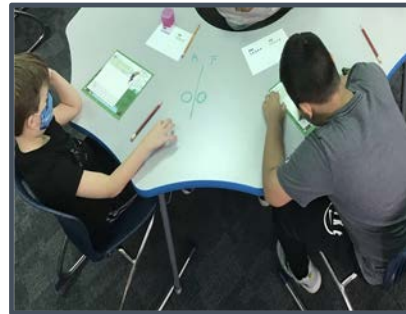
Morning Routine
- Hang backpacks, check in Zones, check in for lunch, start morning work, have a snack
- Visuals used to support each step

This all happens before Morning Meeting

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Sallye's Instructional Routines 📌
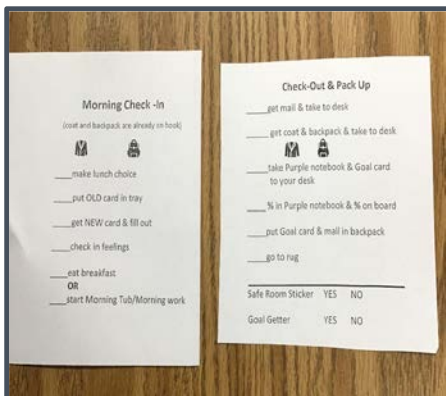
AM/PM visuals match the Check-In & Check-Out slips for students who need more support

Close up of visual

Check-In & Check-Out slips students use each day when they arrive & before going home

Put old card in tray

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Sallye's Instructional Routines 📌

All morning Check-In tasks are in one common area.
Check-In Routine
Hang up coat & backpack, make lunch choice, put old card in tray, get new card & fill out, check in feelings, eat breakfast OR start Morning Tub
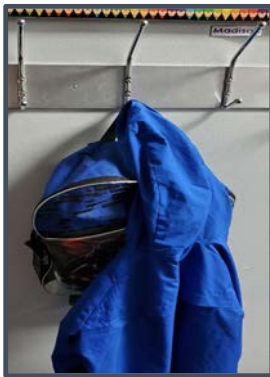
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Sallye's Instructional Routines 📌

Morning Tubs- Each student has a Morning Tub with non-academic activities such as: sensory putty, Legos, puzzles, blocks, Wiki Stix. Students can access the items in their Morning Tub as other students are arriving, getting checked in, and eating breakfast.

This allows time for students to create, play and talk with each other before the instructional day begins.

It also allows time for any student who needs extra time getting acclimated or needs a sensory intervention upon arrival.

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Sallye's Instructional Routines
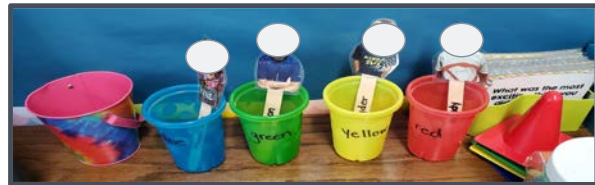
Every morning student checks in his/her feelings using "Zones of Regulation"© colored cups. The check-in stick is a picture of them stapled to a popsicle stick. To build self-awareness, every morning each child shares what his/her feeling is why he/she is feeling that way.

Concept Source: "Zones of Regulation"- Leah Kuypers

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Kelli's Instructional Routines

Secondary classroom

1st Period 9:20-10:00	5th/9th American History, 6th Writing Intervention
2nd Period 10:00-10:40	
3rd Period 10:40-11:20	6th Social Studies / 5th ELA
4th Period 11:20-12:00	10-12 American History / 6th ELA
5th Period 12:00-12:30	Lunch
6th period 12:30-1:10	Specials
7th period 1:10-1:45	5th Writing Intervention / 9-12th Writing Intervention

Lists and schedules for <u>all</u> routine procedures.

Check In
★ Put your things in your locker.
★ Grab your new card for the day.
★ Get your laptop and put in your money for your checkbook.
★ Turn your old card into the basket.
★ Follow any directions from Mrs. Heller or Mr. Sherman.

Check Out
★ Total up your card. (%)
★ Input your card on your form.
★ Have an adult check it!!!!
★ Plug in your computer.
★ Put your total on the front board.
★ Pack up your bag.
★ Listen for your ride.

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Barb's Instructional Routine Examples

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Ashley's Instructional Routines

Clear expectations for transitions to and from: classroom, office, safe room, and home school.
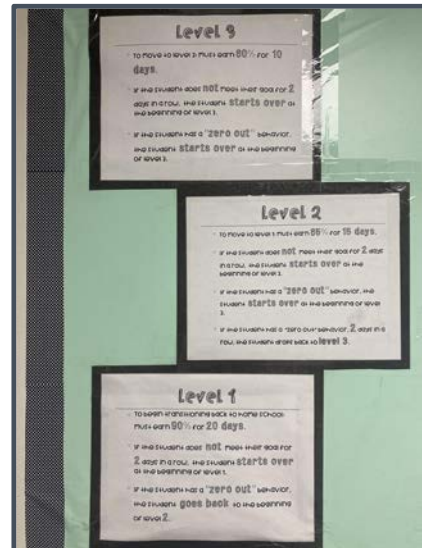
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Ashley's Instructional Routines

Defined schedules for students and behavior support staff

Anne's Schedule Example

Break down times of day by where students are and what staff member they are with.

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Anne's Daily Schedule/Plan

Perks of having older kids/strong readers.
- Who is where all day
- Who has therapies
- Week's Theme
- PE Activity
- SEL Activity
- Other Reminders
- Keeper of the Circle
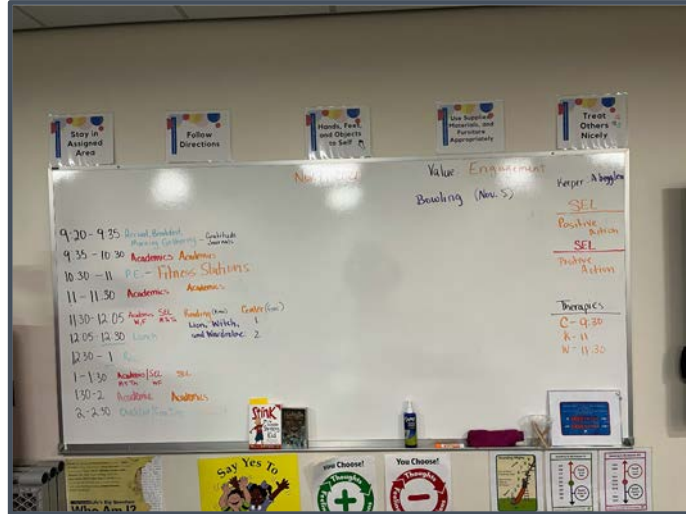
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Anne's Expectation Samples

Break Down
EVERYTHING
- So procedures can be taught and practiced
- So staff can be consistent (even subs)
- To prevent arguments ("Let's check the procedures.").
- For reteaching: "Let's practice the steps for ... "

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Purpose of Schedules

- Establishes routines
- Promotes independence
- Provides structure and predictability for transitions
- Allows for systematic introduction and acceptance of change

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Benefits of Schedules

- Provide flexibility and predictability
- Teach concept of discrete events
- Accommodate receptive language difficulties (teacher's spoken words now visual)
- Emphasizes visual strengths
- Teaches about sequence of events, time, and cause and effect
- **Promotes INDEPENDENCE!**

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Ali-
Schedules

Ali
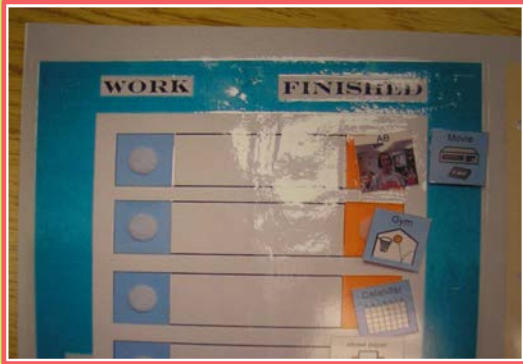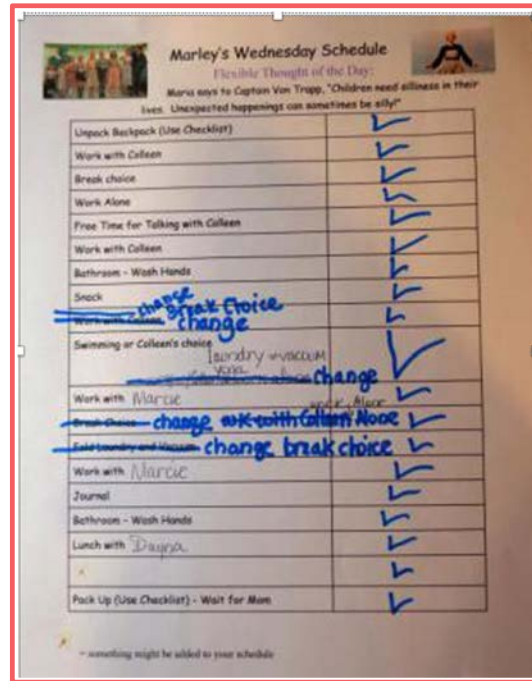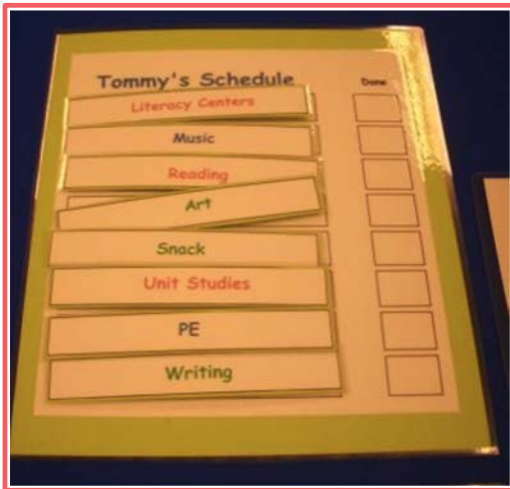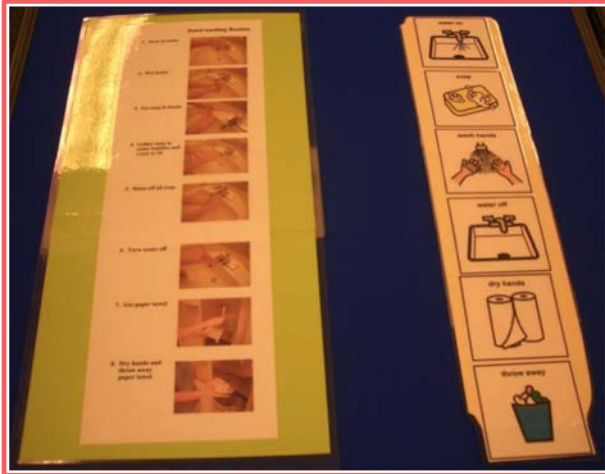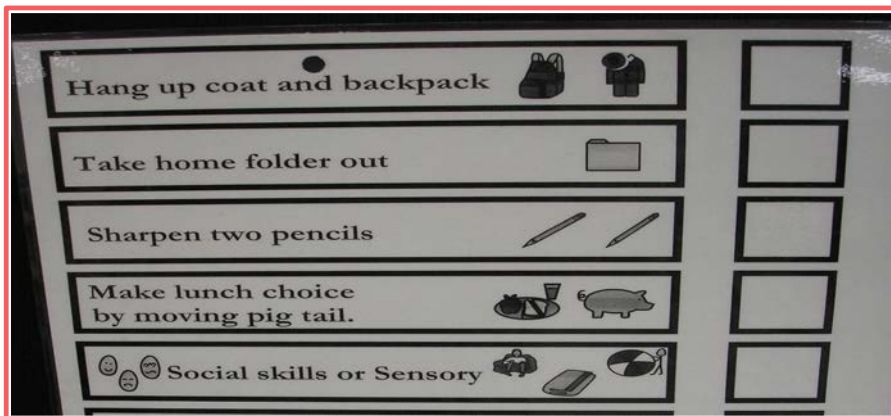
Ali- mini schedules

Don't post a routine without teaching it.

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Arrival Mini-Schedule

Child can mark off as they go

Better than adult providing verbal prompts for each step

INDEPENDENCE!!!

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Vocational/Life Skill Mini-Schedule

Remember we don't outgrow our need for visuals.

What our visual looks like may be different, but we all benefit from them.

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Work System Routines

Answer FOUR Critical Questions

- WHAT WORK?
  - Visual cues: matching colors, shapes, alphabet, numerals, or written systems
- HOW MUCH WORK?
  - Identified by the student focusing on the numbers of symbols

    on the work schedule
- CONCEPT OF FINISHED?
  - Knowing how much work one has to complete and having a sense of how it will be accomplished
- WHAT HAPPENS NEXT?
  - Rewarding or motivating activity that follows the work session and ties the student's actions to a consequence
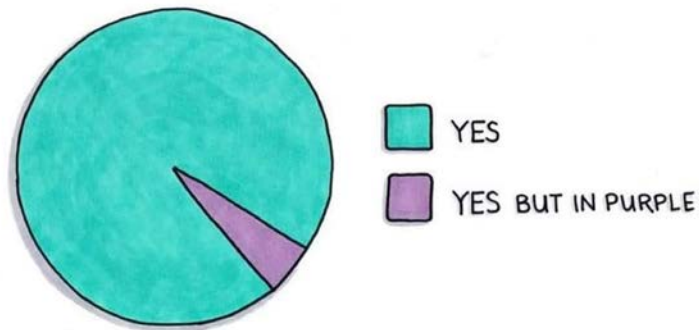
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What is the
Physical
Structure?

What is the
work System?

Susan Stokes, 2014

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Why Visuals?

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Visuals are Multi-faceted

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Visual for Preschool Social Skills 📌

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Visual Schedules and Token Boards

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First, Then...Works with Everyone!

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Preschool Visual Schedule

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Task Boxes and Priming

I Can Be Safe at Recess

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Thanks!

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