## PREPARING FOR YOUR NEW STUDENT WITH AUTISM



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# UNDERSTANDING AUTISM

Younes Convention

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ASD Network 2017

#### **DEFINITION OF AUTISM**

- Autism is a complex, developmental disability that is evident within the first 3 years of life.
- ■It is a behaviorally defined syndrome that is recognized by difficulties in communication, social interaction and patterns of behavior

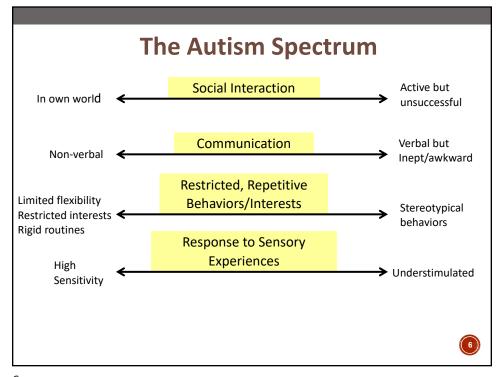
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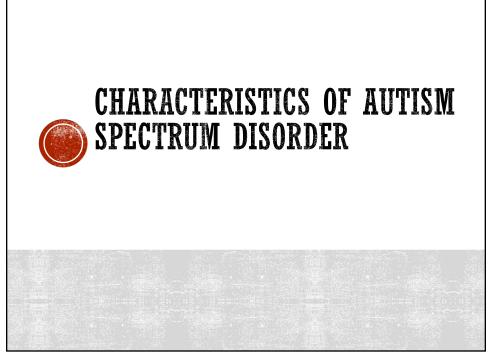
#### AUTISM SPECTRUM DISORDER (ASD)

- A spectrum disorder
- Variance in characteristics and levels of functioning.

Classic Autism

High Functioning Autism/AS





#### TRIAD OF CHARACTERISTICS

#### Social

 Significant difficulties or differences or both in interacting with or understanding people and events.

#### Communication n

 Significant difficulties or differences which extend beyond speech and language to other aspects of social communication, both receptively and expressively.

Repetitive
Activities and
Restricted
Interests

 Seeks consistency in environmental events to the point of exhibiting significant rigidity in routines and displays marked distress over changes in the routine, and/or has a significantly persistent preoccupation with or attachment to objects or topics.



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#### **EXAMPLES OF CHARACTERISTICS**

**Communication**-Delay or absence of spoken language, Repetitive or non-functional use of language (echolalia), Difficulty initiating and/or sustaining conversation

**Social**- Difficulty understanding social "rules" and relationships, Lack of social reciprocity, Unconventional/Awkward/Inappropriate methods of interaction, Social maturity can be 1/3-2/3 of chronological age, Lack of varied, spontaneous play skills,

**Restricted Interests and Repetitive Behaviors**- Need for sameness and routine, narrow areas of interests, repetitive motor behaviors

**Sensory**: Experience information to the senses in different ways, may seek or avoid activities that provide input, fight or flight response etc.



### **START HERE**: LEARN MORE ABOUT AUTISM

- Introduction to Autism Spectrum Disorders
- Autism Spectrum Disorders and Females
- Into to Autism Spectrum Disorders: For Individuals with Average Cognition and Verbal Skills
- <u>Autism Spectrum Disorders for Administrators</u>
- Including Students with ASD In Specialist Classes



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## WHAT CHARACTERISTICS IMPACT YOUR NEW STUDENT WITH AUTISM?

- Visit with current team members too become familiar with characteristics of Autism that impact your student...observe the student in their current environment.
- Discuss characteristics with parents, guardians
- Use the Underlying Characteristic Checklist (UCC) in order for team members to assess what characteristic the child is exhibiting.
- UCC-EI- Early Intervention
- UCC-HF- High Functioning
- UCC- CL- -Classic
- UCC-SR-ADOL- Self Report- Adolescence
- UCC-SR-Adult- Self Report- Adult

\*Contact your Regional Coordinator for info on UCCs





#### LEARN MORE ABOUT SENSORY

- Sensory Processing-Overview and Strategies
- Through My Eyes
- Brain Works Vestibular System
- Brain Works Proprioceptive System



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## LEARN ABOUT YOUR NEW STUDENT WITH AUTISM...SENSORY NEEDS

- Observe your student in their current environment before they transition to you!
- Spend time meeting with current team members in order to learn the unique characteristics of new student with Autism
- Ask current team members and OT what supports or tools help the new student regulate through-out the school day
- Are there activities or times of the day that are harder for your new student to regulate?



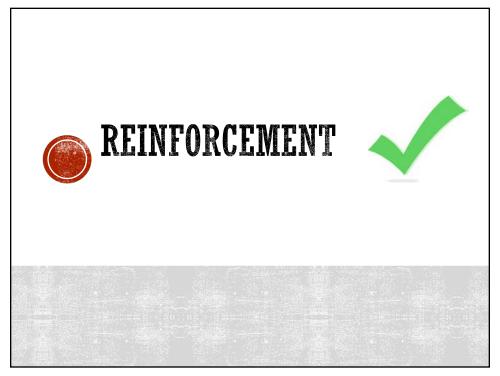


#### **STRENGTHS**

- Strong Visual Performance Skills
- Ability to learn and follow routines
- Great focused attention when related to special interest
- Strong Rote Memory
- Honest







#### REINFORCEMENT

- •90% of the Effectiveness of a Program is REINFORCEMENT!!
- Reinforcement is what <u>makes the</u> <u>behavior more likely to occur in</u> the future
- •Should *immediately follow* the behavior you want to strengthen



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#### REMINDERS...

You Don't Get the Behavior You Want.....

You get the behavior that you reinforce!

Lee Stickle, 2012

Reinforcement Virtual Strategy

Important to Remember...

Your reaction determines whether a behavior will happen again or not. To change student behaviorwe have to change our behavior



## WHAT ARE MY NEW STUDENT'S PREFERENCES?

- Before the school year starts interview parents, past teachers and team members, others who have spent time with your student.
- If the student is verbal ask him/her what they prefer (items, toys, topics of interest, activities, edibles, drinks, etc)
- Use one of the preference assessments you can find here...

#### **Preference Assessments**

- Gather a variety of items to have ready for DAY ONE!
- Give the student time to try the items or set out items and observe what they pick and how long they interact with it!
- Determine what items, toys, edibles etc. are the highest preferred



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Building a Relationship with your new student with Autism

#### TIPS FOR PAIRING

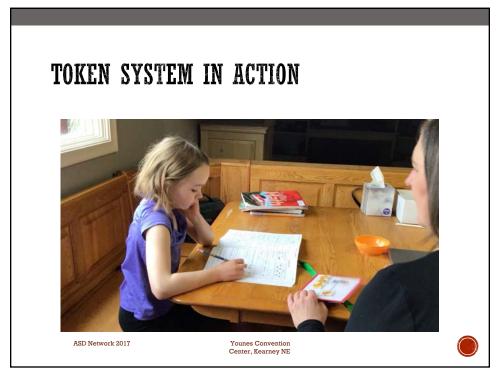
- Pair yourself and other adults and peers with the students highly preferred items, toys, activities/topics, edibles etc.
- Set up specific times at the beginning of the school year to pair with your student
- Spend time with the student talking about special interests
- Start the school year with reinforcing items, materials in your classroom or office- - such as Spider man poster on your wall room, car magazines on your desk, trains or power rangers on your shelf, learn more about the special interest so you can interact with the student around that preference
- Face Time over summer and include highly preferred activities, items, toys etc.

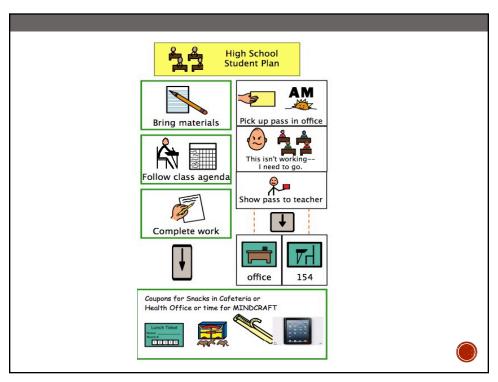


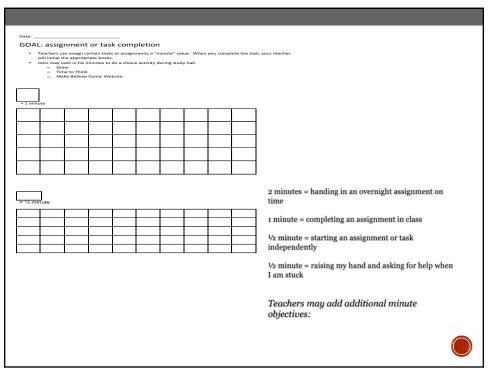


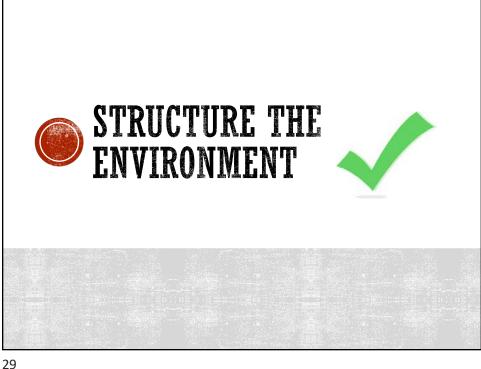












#### **STRUCTURE AND VISUALS: SETTING STUDENTS UP FOR SUCCESS**

- Reduced Stress
- More Comfort
- Independence
- Individualization
- Visual Strengths
- Organization

What work? How much work? When am I finished? What do I do/get when I'm finished?





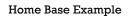
STRUCTURED OFFICE AREA

#### **HOME BASE**

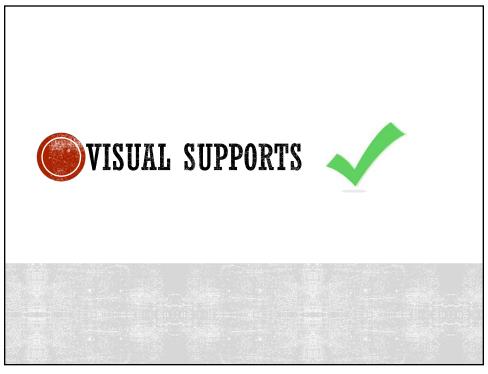
- A place where the student can go to escape the over-stimulation of the classroom
  - Not time-out
  - Not a punishment
- May be scheduled or occur on an as-needed basis
- May be used for work or to cool down

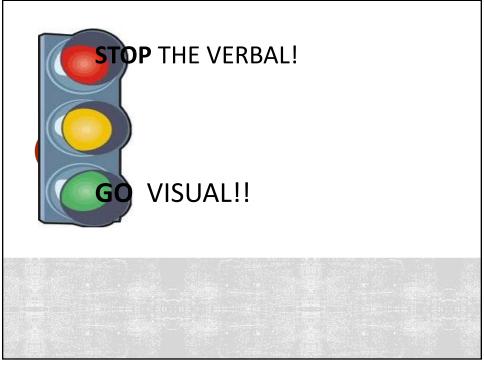


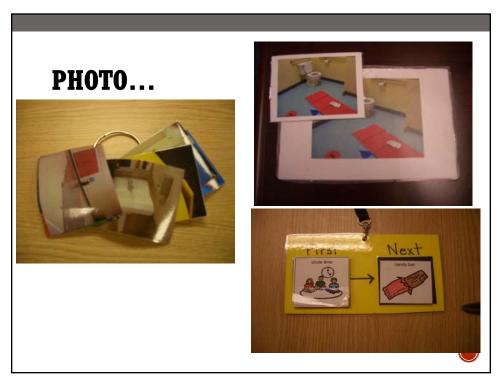
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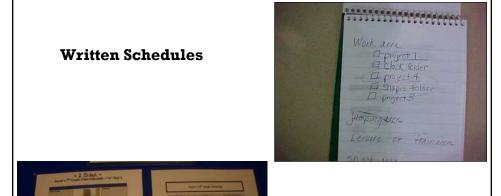


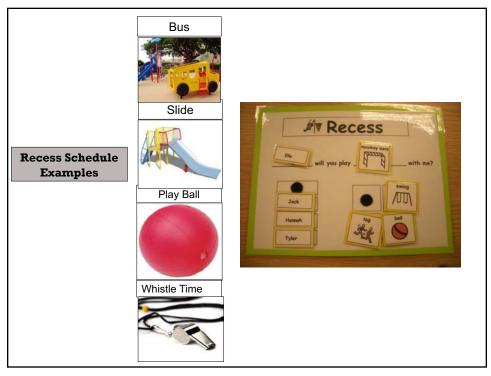


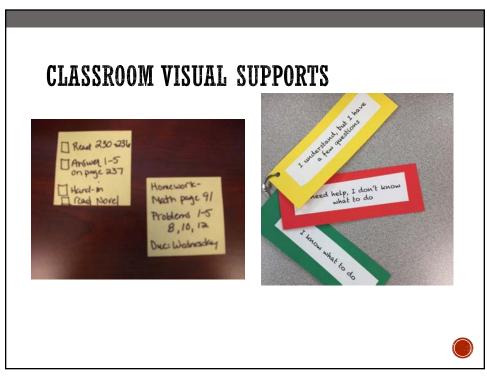
















# LEARN MORE ABOUT VISUALS SUPPORTS...

- Social Stories Virtual Strategy
- Visual Schedules Virtual Strategy
- Work Systems Virtual Schedule
- Conversation Starter Virtual Strategy



## WHAT VISUAL SUPPORTS DOES YOUR NEW STUDENT NEED?

- Work with the current team members and/or observe the student to see what visual supports the student currently uses
- Ask current team members/parents to send current visuals or provide you with pictures of visual supports
- Observe the student when the school year starts -what tasks, routines during the day do they need prompting?? Make visuals for these tasks/activities
- What verbal reminders are the adults giving?? Make visuals for these reminders and remove verbal prompts



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Structuring Curriculum Work

#### STRUCTURE CURRICULUM WORK







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## WHAT SUPPORTS DOES YOUR NEW STUDENT NEED?

- What Accommodations and Modifications will your student need through the school day?
- Ask team and parents what classes, subjects, activities will be most difficult for your new student? Which ones does he/she enjoy?
- How has the current team structured class work, assignments, homework for your student?
- What might be successful ways to structure work as they begin the new school year
- What reinforcement has the current team used to increase skill acquisition and work compliance?





**Proactive Behavior Strategies** 

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#### BEHAVIOR SUPPORT WEBINARS

- Strategies to Support Better Student Behavior
- Proactive Behavior Management Part 1
- Proactive Behavior Management Part 2
- Why is Escape or Avoidance Behavior Happening?



#### BE PREPARED FOR YOUR NEW STUDENT

- Meet with current team members to become familiar with behavior support strategies for the student.
- Be familiar with current safety plans in place for the student.
- What proactive behavior strategies have been successful (visuals reminders, choices, priming for activity, social narrative etc)?
- What prompts, cues, or redirection strategies have been used successfully?
- Train ALL new team members including Paraeducators,
   General Education Teacher(s), Therapist (OT, PT, SLP)Specialist teachers etc. on all important behavior strategies.



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It's Okay to Ask for Help!!

