

SDLMI

Phase 1: Set a Goal

- What do I: want to learn; know about what I want to learn; and need to change to make it happen?

Phase 2: Take Action

- What can I do: to learn what I want to know; address barriers that may get in my way; overcome those barriers. When will I take action?

Phase 3: Adjust my goal or plan

- What actions did I take? What barriers were removed? What has changed? What do I still need to learn?