



Where Do We Go From Here: Navigating Through the Autism Diagnosis

Katie Lents M.Ed., BCBA



Presenter Information:

Katie Lents M.Ed., BCBA

Manager of Special Education Center Based Programs and
Behavior Certified Behavior Analyst

Denver School of Science and Technology

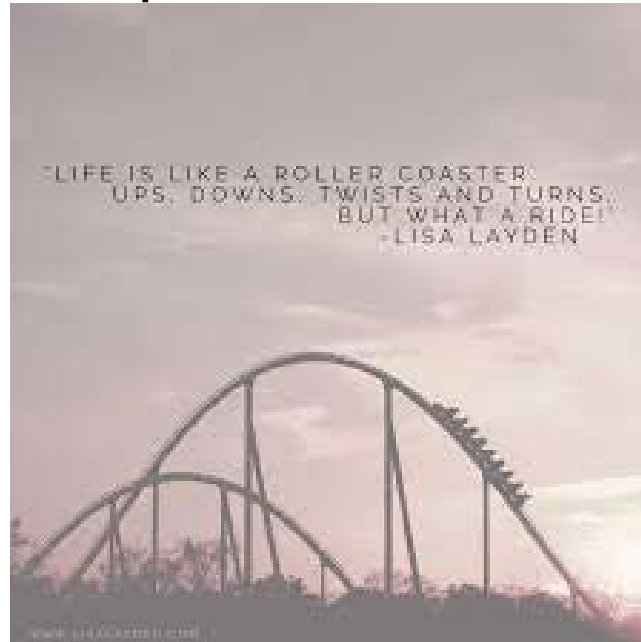


Learning Objectives

1. Families will be able to understand some potential next steps as they navigate through the process of services for autism from Early Childhood to Post Secondary
2. Families will be able to learn about some guiding questions and resources to inquire about as you speak with schools, clinics or providers.

You got this!

Your child is absolutely great, unique,
joyful and capable of learning.



**EARLY
INTERVENTION
IS KEY**

Framing for session today

Early Intervention (Birth-3*) Part C

Resources to investigate;
State/Federal Funding(Community Center Boards)
Health Insurance/Medicaid
Community

School Age (3-21) Part B

Resources to investigate;
State/Federal Funding(Community Center Boards)
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Transition, Post Secondary,

Resources to investigate;
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Early Intervention(Birth-3*) Part C



Early Intervention 0-3 (Part C)

1. What is Early Intervention- Part C?

- Every State has funding to support children who have a disability or who have predictive factors that would suggest they need need intervention at an early age.



Early Intervention 0-3 (Part C)

1. Contact your Community Center Board (State/Federal Funds)
 - a. Every State has funding to support children with disabilities

<i>Kansas</i> <u>Infant Toddler Program</u> (800) 332-6262 or (785) 296-6135	<i>Missouri</i> <u>First Steps</u> (866) 583-2392	<i>Nebraska</i> <u>Early Development Network (EDN)</u> (888) 806-6287	<i>Wyoming</i> <u>Early Intervention and Education Program Unit</u> (307) 777-7115
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Early Intervention (0-3- Part C)

2. Contact your Health Insurance

Most Health Insurance companies will provide funding to gain access to the following

- a. Applied Behavior Analysis-BCBA
- b. Speech Language Pathology
- c. Occupational Therapy



What is ABA-Applied Behavior Analysis

Research shows that **Applied Behavior Analysis**, or **ABA therapy**, is the most effective form of autism treatment. The goal of ABA is to help individuals with autism learn new skills in all areas of development and minimize behaviors that impact their learning.



Early Intervention (0-3- Part C)

2. Contact your Health Insurance

[Colorado Pediatric Behavior Therapies](#)

Pediatric Behavioral Therapies Provider List

✓ Center and Home Based Services

✓ Center Based Services

✓ Home Based Services

✓ Contact for Additional Information

How do I know a person or program is a good fit for my family and child?

Treatment Options Guiding Questions
Possible ranking: 3=Excellent, 2 Ok, 1- Not good

Guiding Questions
How was the First contact Impression or Website review?.
What Methodology or Evidence Based Treatments do they use?
What is the level of training of the staff?
What is the student to staff ratio?
What is the Tone and Presence of staff?
What does the Environmental Structure represent?
What types of goals do they typically work on? How might they work on those?
How do they collect data and demonstrate progress to the family?
How often are there team meetings to review progress?
Your gut or other parent reviews

Early Intervention (0-3- Part C)

3. Get involved with your Community and Community Resources

Things to do:

Library
Swimming pool
Parks
Museum
Restaurants
Music Groups
Gymnastics
Zoo
Walks
Art Class
Markets/Festivals
Grocery store

Early Intervention (0-3- Part C)

4. Engage in Parent Training

- Be present for services that therapist provide in your home, ask question, watch and model.
- Join online sessions - Hanen -Speech Language Based Model
- Watch Modules- Early Start Denver Model -ESDM

DayCare Providers

1. Find a loving daycare provider that supports play based learning
2. If you qualified for Part C, as described above, the therapist could go into the daycare at times
3. If you have an outside BCBA or SLP inquire if they could come in to do a session or 2 to model practice.
4. Small class size and high staff ratio might be best
5. Provide them with the autism toolkit provided in your resource handout
6. Provide other services to child after daycare or on weekends.

Early Intervention (0-3- Part C)

Contact Community Center Board
Training

2. Contact Health Insurance

3. Get connected with your community

4. Engage in Parent





School Age(3-21) Part B

School Age 3-21 (Part B)

What is School Age- Part B(3-21)

Services for school-aged children with developmental disabilities (3 through 21 years of age) are provided free of charge through the public school system. Among the services covered under IDEA are

1. Special education;
2. Physical Therapy
3. Occupational Therapy
4. Speech therapy;
5. Supplementary aids and services,
 - a. adaptive equipment
 - b. special communication systems.



School Age 3-21 (Part B)

1. Contact your Public School District
 - a. Contact the Child Find team of your current district
 - i. If you are receiving part c services, they will help guide you through this process.
 - b. Team will schedule an Evaluation
 - c. If your child qualifies for special education, your child will have an Individualized Education Plan (IEP- instead of IFSP)
 - d. Services such as special education, speech and language, occupational therapy will be provided through school.

School Age 3-21 (Part B)

Private School

- a. You can let them know you are concerned about or have a diagnosis of autism.
- b. Inquire about the services they offer children who have a disability
- c. Private Schools can offer special education but they are not required to, unlike public
- d. Would they be open to having therapist come into the learning environment?

School Age (3-21) Part B

2. Contact your Health Insurance

Most Health Insurance companies will provide funding to gain access to the following

- a. Applied Behavior Analysis
- b. Speech Language Pathology
- c. Occupational Therapy
- d. Social skills groups
- e. Social Emotional or mental health supports

The Aetna logo consists of the word "aetna" in a lowercase, purple, sans-serif font.The Anthem BlueCross logo features the word "Anthem" in blue, with "BlueCross" in a smaller font below it, and a blue cross icon to the right.The Buckeye Health Plan logo includes a green leaf icon above the text "buckeye health plan." in a lowercase, sans-serif font.The CareSource logo features a purple heart icon above the word "CareSource" in a blue, sans-serif font.The Gateway Health logo includes a red and blue arch icon above the text "Gateway Health" and the tagline "A better way." below it.The Humana logo consists of the word "Humana" in a green, sans-serif font.The Magellan Health logo features the word "Magellan" in black and "HEALTH" in blue below it.The Medicaid logo includes the word "Medicaid" in green and the tagline "Keeping America Healthy" below it.The Medicare logo consists of the word "Medicare" in a green, sans-serif font.The Medical Mutual logo features a green globe icon above the text "MEDICAL MUTUAL" in a blue, sans-serif font.The Molina Healthcare logo includes a blue icon of three people above the text "MOLINA HEALTHCARE" in a blue, sans-serif font.The Paramount logo features a green icon of three people above the text "PARAMOUNT" in a blue, sans-serif font.The Tricare logo includes a red and blue star icon above the text "TRICARE" in a blue, sans-serif font.The UnitedHealthcare logo features a blue icon of a person above the text "UnitedHealthcare" in a blue, sans-serif font.The WellCare logo includes a blue icon of a person above the text "WellCare" in a blue, sans-serif font.

School Age-3-21(Part B)

3. Get involved with your Community and Community Resources

Organized Sports/Activities

- Dance
- Soccer
- Gymnastics
- Tee Ball
- Swimming
- Music Lessons
- Art lesson
- Church gatherings and activities

Community Events- Autism Society of your State Festivals, Farmers Markets, Music,



WALK WITH
AUTISM



September 17, 2022

BERKELEY LAKE PARK
4601 W 46TH AVE | DENVER

Walk With Autism and Resource Fair
Saturday, September 17th, 2022

Advocacy



School Age Steps 1, 2, 3,

Contact Community Center Board

2. Contact Health Insurance

3. Get connected with your community

4. Contact Advocacy group





Transition and Postsecondary

Transition(9th-12th Grade) and Post Secondary

What is School Age- Part B(3-21)

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Transition(9th-12th Grade) and Post Secondary

- **Employment** (e.g., integrated competitive employment);
- **Postsecondary education and training** (e.g., career and technical education and training, continuing and adult education, college); and
- **Independent living skills** (when appropriate) (e.g., adult services, independent living or community participation)



Post Secondary(18-21- beyond

- 4 year college
- 2 year college
- Transition or certification programs-KU/Arapahoe county/UNC
- Transition to college programs - Inclusive higher Ed Metro State.
- Technical College- Emily Griffith in Colorado
- Stay in the high school program till 21
- Transition to an 18-21 type of program
 - 18-21 specific programs within your school district
 - TACT- Teaching Autism Community Trades
 - Project Search- out of Anschutz medical campus, prepares student for job
 - Revel-Small group supports

Transition(9th-12th Grade) and Post Secondary

1. Community Center Board

Still maintain Contact your Community Center Board and keep having conversation about services and funds to access those services.

Transition(9th-12th Grade) and Post Secondary

2. Contact your Health Insurance

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Transition(9th-12th Grade) and Post

Secondary

9. Get Involved with your Community and Community Resources

Sports/after school clubs- follow your child's interests and passions

- Guitar club
- Art club
- Running club
- Cooking clubs
- Robotics Club
- Social events through local autism chapter
- Begin thinking if your student could engage in entrepreneur classes so they can start their own business.

Community Events- Autism Society of your State Festivals, Farmers Markets, Music,

Transition(9th-12th Grade) and Post

Secondary

4. Engage in Parent Training

Equip yourself with the knowledge and resources that your child needs to succeed by researching and contacting your Autism Community Resources.

As your Child becomes an adult there will be ever changing resources and information. Contact Advocacy groups to help you navigate the process.

Early Intervention -Post Secondary

Contact Community Center Board
Training

2. Contact Health Insurance

3. Get connected with your community

4. Engage in Parent



Resources

The resources I used to develop this presentation can all be found on your resource guide.

The materials were supported by local resources in colorado and their websites and videos.

Thank you!



Katie Lents M.Ed., BCBA