

## **TROUBLESHOOTING**

- Fear of the bathroom:
  - Pair bathroom with pleasant experiences
- Fear of sitting on toilet:
  - Use step-stool or toilet ring to stabilize child
  - Direct learner's attention to preferred task
- Repeated flushing:
  - Use picture cues that indicate only one flush
- Negative reaction to underwear:
  - Place diapers over underwear and gradually cut away parts of diaper
  - Start with wearing underwear for a short time and increase gradually
  - Try very soft brand underwear
  - Have child choose underwear related to special interest area
- Will not urinate in the toilet:
  - Increase fluid intake prior to toileting session
  - Use the bladder control techniques
  - Intensive training may be necessary if behaviors are occurring
  - Have child remain on toilet until they are relaxed enough to allow urination
- Will not have a bowel movement in the toilet:
  - Provide regular diet, exercise, and fluids
  - Relieve any anxiety or fear by reading stories or explaining the digestive system
- Sensory Concerns
  - Smearing feces, toilet paper resistance, hand-washing resistance.
    - Use visual cues for each step
    - Choose textures child will accept (flushable wipes, vary brands of paper)
    - Use hand sanitizer rather than soap



- Adjust water temperature for acceptance
- Regression
  - Identify possible causes
  - Heavily reinforce steps which have regressed